

CHILTERN HARRIERS AC - AWAY DAY - TUESDAY 22 MAY

Parking for the run:

Is at the Chalfont Centre for Epilepsy, near Chalfont St Giles, SL9 0RJ by kind permission of the Centre.

Time of Event:

Please arrive at 7.15pm for a prompt start at 7.30pm.

Optional:

I hope those attending will each be prepared to make a £2 donation (collected on the night) for the Epilepsy Centre. They are an organisation that our Club has strong links with. The run could not have taken place in this area without the Centre allowing us to use their car park.

The proposed training run:

After a short warm up on the grass paths at the back of the centre we will head along public footpaths towards Newlands Park College for some nice grass path running and then across the approach road to Newlands Park, down to the bottom of the Valley and into Philipshill Wood for some testing running, and to appreciate the last of the bluebells.

Merlins Cave, Chalfont St Giles:

After the run, refreshments will be available at Merlins Cave, in Chalfont St Giles village centre. Website merlins-cave.com

Pre-ordering meals:

NB If you intend having a meal, in order to avoid a long wait on the night, it is essential to pre-order your meal choice by phone before the day, or preferably emailing me by Saturday 19 May at trevorbrown50@gmail.com so please look through their on-line menu. If pre-ordering after Saturday please say you are part of the Chiltern Harriers AC group.

You should be able to get to the pub by 9pm ready for your pre-ordered meal at 9.15. There is car parking at the pub, or there may also be on street parking by the Village Green, or a public car park on the right as you enter Chalfont St Giles village.

If you have pre-ordered food and you cannot attend you must tell the Pub.