

CHILTERN HARRIERS AC
AWAY DAY - TUESDAY 21 MAY
AT CHARTRIDGE LODGE, CHARTRIDGE

Parking for the run:

At the Chartridge Lodge, Chesham - main car park.

The Venue is approximately 3 miles from Chesham Town Centre.

Time of Event:

Please arrive at 7.15pm for a prompt start at 7.30pm.

The proposed training run:

We will cross over the road on to Capps Lane, left along the public footpath to Chartridge Cricket Field for a few circuits before dropping down in the Pednor Valley for a few tougher circuits up round Bellows Wood, before heading back to the Lodge along Capps Lane.

All are welcome to stay for a drink or meal at the Lodge afterwards.

We will be selecting from the **Bar Menu** which can be viewed on the Chartridge Lodge website. It will save time if you have selected what you want to eat in advance of the evening. Anybody that has special dietary requirements please let me know what they are, but also ideally, please tell the Bar Staff before you start the run so that they can prepare a suitable meal for you. There are seating areas inside, and outside in the gardens if it is a nice evening.

For any further information contact Trevor Brawn (01494 774945)