

**CHILTERN HARRIERS A.C.**

**SHARDELOES**

**10k**

**15th SEPTEMBER 2019**

**LENNONS**  
SOLICITORS



**ROBSONS**

## RESULTS

Note: Competitors are eligible for one individual prize only

### Men's Race Prize Winners:

Seniors	1st	Fabian Downs	Chiltern Harriers AC	36:18
	2nd	Richard Slade	Chiltern Harriers AC	37:47
	3rd	Aran Davidson	Chiltern Harriers AC	38:26
Veterans 40-49	1st	Patrick Butler	Burnham Joggers	41:29
Veterans 50-59	1st	Andy Hickman	Chiltern Harriers AC	44:34
Veterans 60+	1st	Derek Humphrey	Burnham Joggers	45:14
Junior (U20)	1st	Daniel Beatty		52:43
Team (4 to score)	1st	Chiltern Harriers	Fabian Downs	1st
			Richard Slade	2nd
			Aran Davidson	3rd
			Alex Paul	6th

### Women's Race Prize Winners:

Seniors	1st (V40)	Fay Cripps		44:27
	2nd (V40)	Heather Graz	Vets AC	46:40
	3rd (V40)	Claire Pusey	Burnham Joggers	47:07
Veterans 40-49	1st	Sarah Quantrill	Chiltern Harriers AC	48:29
Veterans 50-59	1st	Sue Elliott	Chiltern Harriers AC	51:01
Veterans 60+	1st	Lynda Hembury	Tring RC	49:36
Team (3 to score)	1st	Chiltern Harriers	Sarah Quantrill	4th
			Hannah Wardley	8th
			Sue Elliott	9th

### Fun Team Competition:

Fun Team (4 to score)	1st	Chris's Green Team	Daniel Newman	21st
			Kevin Barrett	32nd
			Chris Lloyd	172nd
			Graham Hilsden	216th

### Full Team Results

	MEN	Pts.	WOMEN	Pts.	FUN*	Pts
1st	Chiltern Harriers	12	Chiltern Harriers	21	Chris's Green Team	441
2nd	Burnham Joggers	61	Tring RC	24	The Untouchables	595
3rd	Marlow Striders	227	Burnham Joggers	58		
4th			Marlow Striders	76		

\*Fun Teams can be mixed gender and the points score is based on overall finish positions.

### SHARDELOES 10k – 15TH SEPTEMBER 2019

POS	MEN	WOMEN	No.	COMPETITOR	CLUB / TEAM	CAT.	TIME
1	1		217	DOWNS, Fabian	Chiltern Harriers AC	SM	36:18
2	2		4	SLADE, Richard	Chiltern Harriers AC	SM	37:47
3	3		3	DAVIDSON, Aran	Chiltern Harriers AC	SM	38:26
4	4		264	WADE, Matthew	Tring RC	SM	40:55
5	5		8	BUTLER, Patrick	Burnham Joggers	M40	41:29
6	6		164	PAUL, Alex	Chiltern Harriers AC	SM	41:48
7	7		152	TURNER, Neil	Chiltern Harriers AC	M40	42:07
8	8		127	GILCHRIST, John		SM	43:01
9	9		203	RAMSELL, Scott		SM	44:02
10	10		44	TAYLOR, Jonathan	Chiltern Harriers AC	SM	44:17
11		1	186	CRIPPS, Fay		F40	44:27
12	11		169	GREGORY, Peter		M40	44:28
13	12		276	MOULTON-SMITH, James		SM	44:32
14	13		133	HICKMAN, Andy	Chiltern Harriers AC	M50	44:34
15	14		188	SLADE, Jonathan		SM	44:37
16	15		279	DIXON, Thomas	Chiltern Harriers AC	SM	44:59
17	16		112	HULL, Ben	Burnham Joggers	SM	45:03
18	17		116	HUMPHREY, Derek	Burnham Joggers	M60	45:14
19	18		135	O'GRADY, John		M50	45:22
20	19		107	ROBERTS, Dave		M50	45:26
21	20		229	NEWMAN, Daniel	Chris's Green Team	M40	45:45
22	21		132	FUENTES, Pablo	Chiltern Harriers AC	SM	45:46
23	22		49	MYATT, Paul		M40	46:11
24	23		72	SULLIVAN, Nigel	Burnham Joggers	M50	46:13
25	24		233	CHRISTIE, Paul	Dacorum & Tring	M40	46:14
26	25		244	MCCARTHY, Paul	Chiltern Harriers AC	M40	46:29
27		2	101	GRAZ, Heather	Vets AC	F40	46:40
28	26		99	TALBOT, Robert	Burnham Joggers	SM	46:53
29		3	74	PUSEY, Claire	Burnham Joggers	F40	47:07
30	27		213	HOLLAND, Scott		SM	47:22
31	28		151	BOWLLER, Simon		M50	47:29
32	29		123	BARRETT, Kevin	Chris's Green Team	M40	47:33
33	30		184	MAYO, Clive	Hazlemere Runners	M50	47:35
34	31		207	HYMNS, Gary	Serpentine RC	M60	47:47
35	32		21	ROONEY, Sean	Burnham Joggers	M50	47:48
36	33		40	HORNIBROOK, Alan	Chiltern Harriers AC	M60	47:56
37	34		174	STODDERN, Jonathan	Chiltern Harriers AC	SM	48:07
38	35		206	CZARNECKI, Piotr		M40	48:08
39		4	69	QUANTRILL, Sarah	Chiltern Harriers AC	F40	48:29
40	36		105	WILLIAMS, Joseph		SM	48:33
41	37		189	CULVERWELL, Steve		M40	48:43
42	38		79	GRANT, James	Chiltern Harriers AC	SM	48:45
43	39		33	SHERFIELD, Will	Chiltern Harriers AC	M40	49:00
44	40		272	SMITH, David	Hillingdon AC	M50	49:07
45	41		230	DENT, Brian	Chiltern Harriers AC	M60	49:09
46	42		148	MCCALL, Shane		SM	49:18
47	43		192	GRAY, Carey	Woodstock Harriers	M60	49:20
48	44		109	DOCWRA, Charles		SM	49:20
49	45		242	PRICE, Michael	Marlow Striders	SM	49:22
50		5	166	O'KEEFFE, Liz	Tring RC	F40	49:29
51	46		28	MILLS, Steven	Marlow Striders	SM	49:30
52	47		187	BAILEY, Michael		M40	49:32
53	48		231	MARTIN, Glen	Chiltern Harriers AC	M40	49:33
54	49		194	HEWLETT, Russ	Metros RC	M40	49:35
55	50		254	LUKER, Paul		M40	49:36
56		6	257	HEMBURY, Lynda	Tring RC	F60	49:36

POS	MEN	WOMEN	No.	COMPETITOR	CLUB / TEAM	CAT.	TIME
57	51		214	DYCK, Cory		SM	49:37
58	52		11	ROSE, Craig		M40	49:43
59	53		100	TREMAINE, Robin	Trent Park RC	M60	49:46
60		7	45	TAYLOR, Lisa		SF	49:53
61	54		73	BUTTLEMAN, Jim	Leighton Fun Runners	M50	49:59
62	55		182	KEEN, Paul		M50	50:00
63	56		161	LYNCH, Pete		SM	50:11
64	57		162	BUCKINGHAM, Daniel	Chiltern Harriers AC	M40	50:12
65	58		263	BARRY, Jim	Marlow Striders	M40	50:19
66	59		176	HOPPER, John	Dacorum & Tring	M50	50:29
67	60		146	SASADA, Paul	Burnham Joggers	M50	50:35
68		8	251	WARDLEY, Hannah	Chiltern Harriers AC	SF	50:41
69	61		65	KING, Philip		M50	50:55
70	62		262	MARCHAND, Chris	Hillingdon Triathletes	M60	50:57
71		9	208	ELLIOTT, Sue	Chiltern Harriers AC	F50	51:01
72	63		102	GRAZ, Michael	Vets AC	M40	51:08
73	64		147	DUTTON, Paul		M40	51:14
74	65		248	WRIGHT, Ed	Chiltern Harriers AC	M40	51:27
75	66		142	MAYES, Steve	Chiltern Harriers AC	M50	51:31
76	67		82	GETLEY, Scott	Chiltern Harriers AC	M40	51:40
77	68		106	YATES, Steve		M40	51:42
78	69		266	BAKER, Dan		M40	51:44
79		10	260	BURROUGHES, Christine	Chiltern Harriers AC	F40	51:46
80	70		30	NUNN, Geoffrey		M40	51:48
81	71		34	CORRIGAN, Lee		SM	51:52
82	72		27	HORIGAN, Tom		M40	51:58
83	73		167	BROWN, David		M50	52:00
84	74		111	COUTTS, Jonathan	Chiltern Harriers AC	M40	52:00
85	75		195	HUNTER, Grant		M40	52:05
86	76		236	CHANNER, Matt	Chiltern Harriers AC	M40	52:07
87		11	243	SEDDON, Laura	Chiltern Harriers AC	SF	52:07
88	77		215	APPLEBY, John		M60	52:27
89	78		247	EVANS, Matthew	Marlow Striders	M40	52:34
90	79		58	BEATTY, Daniel		JM	52:43
91	80		50	LIGGINS, Mark		SM	52:53
92	81		181	REEVES, Richard		M40	53:03
93		12	271	MARKHAM, Lyndsay	Marlow Striders	SF	53:08
94	82		56	CROWCROFT, Phillip	Grantham RC	M40	53:11
95	83		220	MCCORMACK, Ade	Chiltern Harriers AC	M50	53:13
96		13	228	WRAY, Rachel	Tring RC	SF	53:40
97	84		98	DRIVER, Mick	Burnham Joggers	M60	53:42
98	85		154	KNOTT, Andrew		M40	53:54
99	86		13	EVANS, Mark	Burnham Joggers	M40	53:55
100		14	156	REAL-SLAVICKY, Helen	Chiltern Harriers AC	SF	54:04
101	87		157	MOSS, Mark		M50	54:07
102	88		196	SAINSBURY, Jonathan	The Untouchables	SM	54:14
103	89		90	LOVELL, Warren	Burnham Joggers	M40	54:18
104	90		221	GREENHALGH, Giles		M50	54:33
105	91		226	MITCHELL, Andy	Dacorum & Tring	M50	54:34
106	92		278	GRAY, John		M60	54:36
107	93		38	MULVIHILL, Andrew	Burnham Joggers	M40	54:50
108		15	225	ROYALS, Katie	Chiltern Harriers AC	SF	54:54
109	94		17	BATES, Andy	Burnham Joggers	M40	54:57
110		16	158	CHOLAWO, Helen	Chiltern Harriers AC	SF	54:59
111		17	138	JARMAN, Susan	Chiltern Harriers AC	F40	54:59
112	95		222	HATHAWAY-ENRIGHT, Cameron	Chiltern Harriers AC	JM	55:02
113	96		110	WISE, Ben		SM	55:06
114	97		258	WALLACE, Alistair		M50	55:14

POS	MEN	WOMEN	No.	COMPETITOR	CLUB / TEAM	CAT.	TIME
115	98		212	STOWE, Casey		SM	55:15
116	99		14	BURLAND, Andrew	Burnham Joggers	M50	55:17
117	100		31	EDE, Philip	Marlow Striders	M50	55:18
118	101		250	BIGNELL, John	Hillingdon AC	M60	55:19
119		18	224	MONTEIRO, Nicola		F40	55:35
120		19	185	GOLDHAGEN, Daisy	Tring RC	SF	55:43
121		20	62	MAYOT, Lauren		SF	55:45
122	102		177	LONG, Andrew		M40	55:47
123	103		141	BLUNDELL, Mark		M50	55:54
124	104		120	HULL, John		M40	56:25
125		21	175	HOPPER, Louisa	Dacorum & Tring	F40	56:27
126		22	197	PARK, Sue	Ealing Eagles RC	F50	56:27
127		23	126	KAESSER, Julie	Newbury AC	F40	56:34
128	105		183	SHAWCROSS, Dan		M40	56:38
129	106		273	COOPER, Neil	Chiltern Harriers AC	M60	56:43
130	107		265	DALE, Andy		M50	56:44
131		24	256	DAY, Ruth		SF	57:08
132	108		115	EINCHCOMB, George	Gade Valley Harriers	SM	57:13
133	109		261	CLARK, Neal	Hillingdon Triathletes	M40	57:21
134	110		204	KIPPAX, Nigel	Tring RC	M60	57:34
135	111		121	DIGBY, Mark	Burnham Joggers	M40	57:37
136	112		134	BARROWS, Tony	Bearbrook RC	M60	57:53
137		25	78	PAXTON, Kate	Chiltern Harriers AC	SF	57:54
138	113		93	POPPELWELL, Ed		M50	57:56
139	114		83	YATES, Peter		SM	58:29
140		26	237	BROWN, Jenny	Burnham Joggers	F40	58:32
141	115		12	CLISH, Tony	Burnham Joggers	M50	58:37
142		27	178	COOPER, Louise	Bearbrook RC	F40	58:38
143	116		155	KIRK, James		SM	58:39
144	117		172	O'KELLY, Emer	The Untouchables	M60	58:43
145		28	32	THOMPSON, Oonagh	Marlow Striders	F60	58:45
146		29	139	PRIMETT, Claire	Burnham Joggers	F50	58:46
147	118		24	EDWARDS, Rik	Chiltern Harriers AC	M60	58:49
148	119		223	MONTEIRO, Julian		M40	58:52
149	120		255	GARDAM, Steve		M40	58:53
150	121		39	FIELD, Steve	Chiltern Harriers AC	M60	59:01
151		30	48	LYNCH, Katy		F40	59:04
152		31	144	DICKINSON, Claire		F40	59:13
153	122		71	CLEMENTS, Trevor		M50	59:17
154	123		216	CRIPPS, Rory		SM	59:30
155	124		53	PALMER, Tim		M60	59:32
156		32	136	DAY, Katherine	Chiltern Harriers AC	F50	59:37
157		33	193	KEMPSON, Miriam	Chiltern Harriers AC	F50	59:42
158	125		145	BRAWN, Trevor	Chiltern Harriers AC	M70	59:48
159	126		125	FERNANDEZ, Jose		M40	59:54
160	127		246	RICHARDSON, Brian		M40	60:00
161	128		129	BREWER, Ian		M50	60:01
162		34	18	WELSFORD, Louise	Burnham Joggers	F50	60:03
163		35	277	EINCHCOMB, Alice		SF	60:12
164		36	137	BOWLES, Ann	Marlow Striders	F60	60:26
165	129		89	TETRO, Giuseppe		SM	60:32
166	130		173	FOSKETT, Richard	Herts Phoenix	M60	60:35
167		37	179	SPARKES, Emmaline	Bearbrook RC	F40	60:37
168		38	41	FUELL, Donna		F50	60:38
169	131		37	SMITH, John		M70	60:40
170		39	270	GOLDSACK, Sandra		F50	60:42
171	132		227	MITCHELL, Robin	The Untouchables	SM	60:43
172	133		219	LLOYD, Chris	Chris's Green Team	M60	60:44

POS	MEN	WOMEN	No.	COMPETITOR	CLUB / TEAM	CAT.	TIME
173	134		84	WRIGHT, Tom	Chiltern Harriers AC	SM	60:49
174		40	159	DOWNS, Ursula		F60	60:51
175	135		275	COLLINGE, Steve		M50	61:06
176		41	199	BATES, Claire		F40	61:19
177		42	153	CONN, Joanna	Serpentine RC	F40	61:24
178	136		171	COLES, Andrew	The Untouchables	M60	61:35
179	137		218	VERYARD, Michael		M50	61:39
180		43	128	THOMAS, Gerry	Hazlemere Runners	F40	61:41
181	138		238	KING, Doug		M60	61:51
182		44	198	RICHARDSON, Alison	Dacorum & Tring	F40	62:02
183	139		57	BEATTY, Adam		M50	62:06
184	140		267	KIRK, Tom		SM	62:15
185		45	205	KIPPAX, Anne	Tring RC	F50	62:17
186		46	190	MULACK, Alex		SF	62:38
187	141		200	HARNETT, Olly		M50	62:40
188	142		140	WRIGHT, Andrew		SM	62:49
189		47	163	RUSSELL, Karen		SF	62:52
190	143		46	DOYLE, John	Hillingdon AC	M60	62:56
191		48	234	MELLOR, Lyn	Chiltern Harriers AC	F50	63:00
192		49	124	FINCH, Tamsin	Chiltern Harriers AC	F40	63:08
193	144		143	SOMERVILLE, Andrew	Burnham Joggers	M50	63:11
194	145		108	BUTLER, Andy	Bearbrook RC	M50	63:14
195		50	239	GARDNER, Laura	Chiltern Harriers AC	SF	63:17
196		51	202	KNOTT, Michelle		F40	63:24
197	146		42	STASIUK, Stefan	Burnham Joggers	M60	63:40
198		52	122	WOODLEY, Emma		F40	64:05
199		53	86	EDMUNDS, Heather		SF	64:12
200		54	70	CLEMENTS, Bridget		F50	64:13
201	147		245	ROGERS, Peter	St Albans Striders	M50	64:13
202		55	269	WILTSHIRE, Claire		SF	64:15
203	148		119	LAWRENCE, Seb		JM	64:17
204	149		81	BRAND, Peter		M60	64:17
205	150		118	LAWRENCE, Matthew	Chiltern Harriers AC	M40	64:18
206		56	259	DARK, Emma	Marlow Striders	F40	64:35
207	151		55	WHITELAW, Mark		M50	64:40
208		57	274	MAY, Nicola		F50	64:43
209	152		211	WARD, Mike		M50	64:47
210		58	25	HOLLAND, Roxanne		SF	65:54
211		59	26	WARREN, Vicky		SF	65:54
212	153		103	KITCHING, Matthew		SM	66:28
213	154		95	PORTLAND, Keith		M60	66:54
214	155		88	LINTON-SMITH, Yestin	Burnham Joggers	M50	66:56
215		60	80	MILLBERY, Claire		F40	66:57
216	156		201	HILSDEN, Graham	Chris's Green Team	M50	67:03
217		61	168	HANCOCK, Beverley		F50	67:31
218		62	170	HAWKINS, Laura	Datchet Dashers	F50	67:51
219	157		66	WATKINS, Glyn	Metros RC	M60	67:54
220		63	64	ALLEN, Barbara		F60	68:07
221	158		117	SIBLEY, Patrick		M70	68:39
222		64	209	KAHLER, Anne		F40	69:48
223		65	235	DI FRANCO, Caroline	Marlow Striders	SF	70:26
224		66	150	BOWLLER, Kate		F50	70:35
225		67	16	BATES, Kim	Burnham Joggers	F50	70:38
226		68	97	DENT, Shaheen	Chiltern Harriers AC	F60	71:11
227		69	249	NORMAN, Nicky	Chiltern Harriers AC	SF	71:23
228		70	60	SHANKS, Katy		F40	71:30
229	159		68	FRENCH, Conor		JM	71:52
230		71	43	HEATH, Annabel	Burnham Joggers	F40	72:07

<b>POS</b>	<b>MEN</b>	<b>WOMEN</b>	<b>No.</b>	<b>COMPETITOR</b>	<b>CLUB / TEAM</b>	<b>CAT.</b>	<b>TIME</b>
231		72	15	PARKER, Niki		F50	72:08
232		73	22	SNUDDEN, Dee		F50	72:10
233		74	232	BROWNE, Lyndsey	Hillingdon AC	F40	72:16
234	160		67	FRENCH, Seamus		M50	72:31
235	161		23	SNUDDEN, Ian	Handy Cross Runners	M50	73:28
236	162		77	WARREN, Wayne		M60	73:36
237	163		241	MALES, James		JM	74:08
238	164		240	MALES, Lee		M40	74:11
239		75	29	BARROW, Sian	Marlow Striders	SF	74:30
240		76	75	MOORE, Teresa		F60	75:14
241		77	210	CRAVEN, Karen		F40	75:19
242	165		35	WILKINS, Derek	Burnham Joggers	M60	75:30
243		78	94	WALKER, Paula	Chiltern Harriers AC	F60	76:08
244		79	191	TOMLIN, Charlotte		SF	76:34
245	166		91	WATSON, Alan	Burnham Joggers	M70	77:15
246		80	76	STALLWOOD, Jackie	Datchet Dashers	F70	77:27
247	167		268	NEAGLE, Max		JM	77:27
248		81	96	PORTLAND, Elizabeth		F50	78:36
249	168		149	WALKER, David	Chiltern Harriers AC	M70	78:53
250		82	253	LENNON, Anastasia		SF	78:55
251		83	252	LENNON, Camilla		F50	78:55